

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_



## CDI's Health Guidelines

Child Development Institute prioritizes your child's health, and the health and safety of all families and staff members. Therefore, there may be times when we may not provide services for a child who may be actively sick or contagious. This also includes any parent/caregiver who may become ill who attend sessions. Your child should not attend therapy if he/she has the following symptoms:

1. Shows signs of getting sick or generally feels bad (low energy, reduced appetite, increased agitation)
2. Thick yellow or green nasal discharge
3. Nausea or vomiting, or has vomited during the night
4. Diarrhea
5. Frequent coughing or sneezing
6. Fever of 100 degrees or above. If your child has a fever, he/she should not return to therapy until temperature has returned to normal for 24 hours without medication
7. Sore Throat
8. Evidence of a communicable disease such as a fever, unusual spots or rashes, or blisters on hands, feet or mouth.

We ask that families please notify CDI or your therapist if you or your child should experience any of the following:

**HAND, FOOT, MOUTH, DISEASE:** Children are most contagious for 4-7 days after symptoms appear. Services may resume once the blisters are dry and/or the doctor has given clearance.

**PINK EYE:** For infections such as Conjunctivitis (pink eye), services may resume 24 hours after receiving proper treatment.

**HEAD LICE:** The parent or caregiver will need to get the treatment shampoo and follow those directions for its use. Services can resume when a child's hair is nit free. Any child found to have head lice in sessions will be asked to end a treatment session.

**BED BUGS:** Home treatment will be needed to address the bugs at home. Special care will be needed to limit the risk of transferring the bedbugs to CDI while clinic or home treatment is taking place. Sessions may be temporarily relocated to community locations, such as a park per discretion of the treating therapist. Changing clothes and other steps can be taken to ensure that the bugs do not get transferred. For more information: [www.kidshealth.org](http://www.kidshealth.org)

Unfortunately, a sick child whose resistance is lowered can be more susceptible to other infections and may be unwilling to participate during their therapy session and also unintentionally spread symptoms to other families and staff.

We thank you for your cooperation in caring for CDI families and staff members and the health and safety of their wellbeing.

***If any child should miss therapy, please remember to call and reschedule your therapy session/s.***