



## CHILD DEVELOPMENT INSTITUTE

### COVID-19 RESPONSE PLAN FOR CENTER BASED SERVICES

CDI clinicians are here to help support your child and family's needs during this challenging time. In an effort to keep your child and family healthy during this pandemic, CDI will be following the COVID 19 Safety and Health Guidelines for Child Care Programs developed by the Center for Disease Control (CDC) [Click here](#).

#### TELEHEALTH AND IN-PERSON SERVICES

- Telehealth services will remain available as a treatment option for all families.
- Families who would prefer in-person services will need to follow these guidelines.
  - CDI uses a relationship-based parent coaching model. You will be hands on with your child during treatment sessions. Your child's therapist will provide you with supportive guidance on how best to use the toys and supplies brought to session to help your child meet his/her treatment goals.

#### SCREENING & SAFETY PRECAUTIONS WHILE IN THE CLINIC

Upon arrival to CDI, the receptionist will conduct a verbal health check as well as a temperature check for you and your child. If anyone shows a fever of 100°F or above, or any other signs of illness (cough, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, new loss of taste or smell, or GI symptoms) the session will be rescheduled to a telehealth session or for a later date. If you or someone in your family may have been exposed to COVID-19 through work, travel, or social contact, please discuss this with your clinician. Each clinician monitors their temperature prior to reporting to work and throughout the day.

- Adults attending are expected to wear a face covering while at the CDI clinic. Your child's therapist may ask you to remove your mask at times during the session, so your child can see your face and mouth while engaging and practicing intervention techniques.
- Children above the age of 5 yrs are to wear a face covering (exceptions can be made, based on individual needs).
- Appointments will be staggered, however please observe physical distancing with others while at the clinic.
- Sessions will begin and end with proper handwashing (20 sec.) or the use of alcohol-based hand sanitizers with at least 60% alcohol.
- Sessions will take place in well ventilated areas, or outdoors, if possible.
- Limited toys will be used during session and are sanitized between each use. Surfaces and objects that are frequently touched will be routinely sanitized with child safe cleaning solution.
- Specific toys can be brought from home to the clinic for your child to practice during session. Please discuss this with your child's therapist.

#### CONTACT INFORMATION

- If you have questions about these procedures, please contact your clinician or CDI's main office.