

Play with household items!

Take some regular household items and transform them into fun activities for kids.



Toilet Paper Rolls

- Use empty toilet paper rolls for helping your child practice lacing on a shoestring or pipe cleaner.
- Make a fun game out of the collected toilet paper rolls and stack them together on the floor in a triangle to play a game of bowling with your child. This can work on sequencing and visual motor skills.
- Tape the toilet paper rolls on a wall or mirror to make tunnels and have your child practice placing small objects inside to watch them fall such as toy cars or pom poms/cotton balls. Similarly, the rolls can also be taped down on the floor.

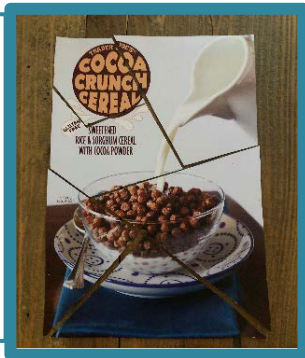
Coffee/Oatmeal Tin • Deck of Cards

Save an empty oatmeal or coffee tin and cut a small divot onto the plastic lid to have your child practice their fine motor skills by placing a deck of cards (one card at a time) through the slot.



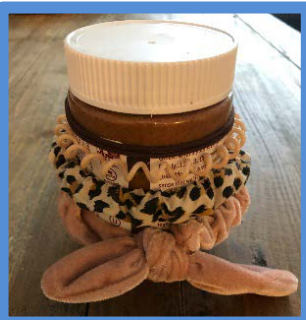
Cereal Box Puzzle

Cut up the front of a cereal box in different shapes to create a DIY puzzle for you and your child to complete. This will be great for promoting problem solving skills.



Water Bottle

- Your child can enhance their visual motor coordination and fine motor skills by practicing placing pom poms, cotton balls, dried beans, dried rice, beads, and/or buttons inside an empty bottle.
- You can even create an "I, Spy!" bottle for your child and place fun objects such as toy cars, alphabet letters, small toy animals mixed in with dried beans or pom poms. Encourage your child to shake the bottle to find the hidden objects.



Hair Ties

- Have your child practice placing hair ties on a jar, can of soup, water bottle, and/or toilet paper roll to work on bilateral coordination and hand strength.
- To practice self-care skills, encourage your child to practice lacing the hair ties on over their feet to simulate putting on a sock!



Egg Carton

Q-tip/Coin Push

- Have your child practice their coordination skills by pushing q-tips and/or coins into a hole created in the bottom of an empty egg carton. An adult should use a sharp utensil beforehand to create a slit for coins and/or a hole for the q-tip.

Color/Number Match

- Color the bottom of an open egg carton holder different colors and have your child match the colors with similar colored pom poms, beads, buttons, or cut up pieces of colored paper to promote color recognition.
- Similar to color match, you can write different numbers on the bottom of the holders and encourage your child to place the correct number of objects (pom poms, beads, marbles, etc) with the corresponding number.

